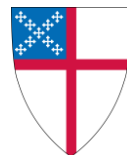


Compliment the first three people you talk to today
Send a positive text message to five different people
Donate old towels or blankets to an animal shelter
Wash someone's car
Read to kids at the library for Storytime
Help do chores at a farm/harvest ranch
Leave your waiter a generous tip
Start mentoring a younger child
Make a family member breakfast in bed
Pack someone a lunch for the day
Write a kind or encouraging message on a napkin
Let someone else pick what to watch on TV
Send a care package to someone
Mow the lawn for your neighbors
Take the day not to complain
Write a list of things that you adore about a friend
Pay for someone's morning coffee
Share your favorite Bible verses or quote
Take a young child out to play in the rain
Provide s'mores for your family around a campfire
Take the time to appreciate the sunrise and sunset
Write someone an encouraging poem
Send coloring books to sick children in the hospital
Offer to give a friend a ride home
Take the time to listen to someone
Recycle things that you see on the road
Make someone a homemade blanket or scarf
Recommend a good book or your favorite movie
Feed the birds

Be kind to yourself!



St. Christopher's Episcopal Church

Northport, Michigan

50 Years: 50 Steps of Kindness

As we celebrate the 50th anniversary of St. Christopher's, we are reminded of the kindness and generosity of each and every member within the parish. In the very first years, the parish welcomed all to join and gather with one simple step of kindness. George and Helen Smith made their home available for our first Episcopal Sunday services. Most of us get caught up in the daily busyness of our own lives, forgetting that the simplest of things can make the most significant impact on someone else. As we celebrate the 50th anniversary of the parish, consider for a moment, the steps that so many have taken over the decades of our parish and look for ways that your steps can move us forward as we walk with Christ and welcome all. Just think how different our community might be if each one of us took a few minutes out of their day to do something for someone else.. We encourage you to honor the steps of our past, to take your first step of 50 today, and you will impact a better tomorrow.

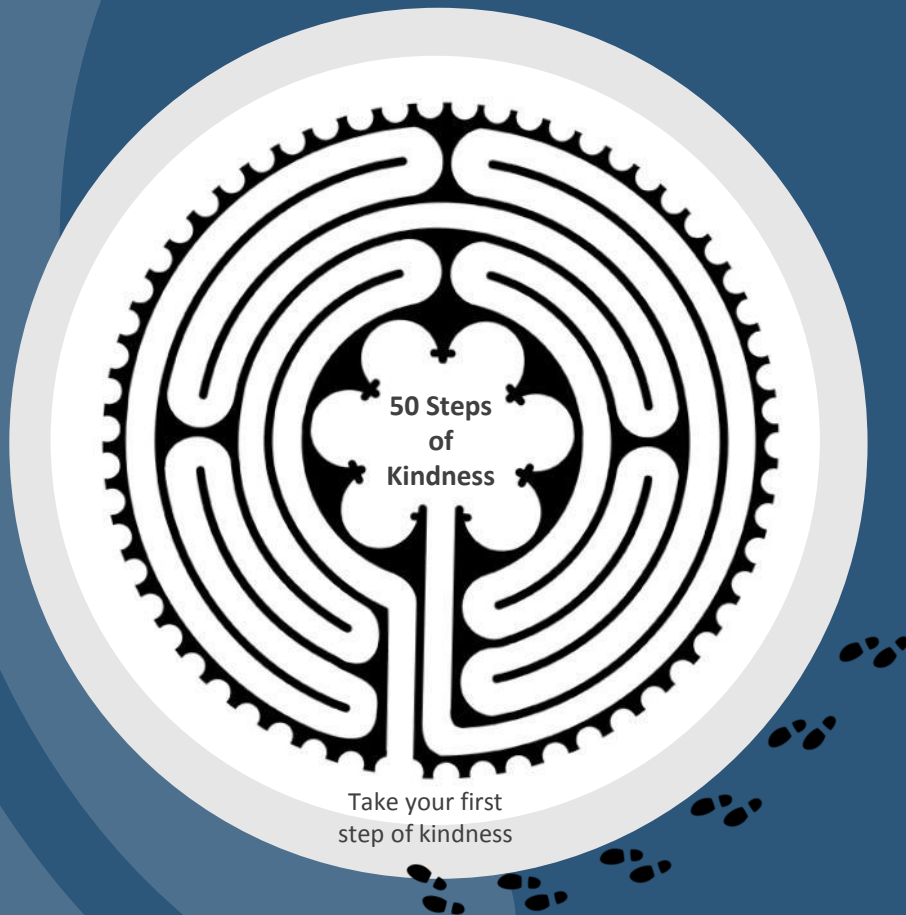
St. Christopher's is providing you with helpful ideas to celebrate 50 years with 50 Steps of Kindness. Let's spread and share joy with others.



Walking With Christ, Welcoming All

A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to *thee*, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly *thine*, utterly dedicated unto *thee*; and then use us, we pray *thee*, as *thou wilt*, and always to *thy* glory and the welfare of *thy* people; through our Lord and Savior Jesus Christ. *Amen.*



Helpful Ideas for Steps of Kindness:

- Leave money on a vending machine for someone
- Surprise someone with freshly baked cookies or treats
- Serve as a volunteer for Leelanau Christian Neighbors
- Help at a veterinarian office
- Pick up litter at the park
- Let someone go in front of you in line
- Give a stranger a compliment
- Make dinner for a family in need
- Leave letters of encouragement on people's cars
- Pay for someone's meal at a restaurant
- Write letters to soldiers
- Participate in a fundraiser
- Hold open the doors for people
- Thank a teacher with a gift
- Donate your old clothes to the Salvation Army
- Help a someone with their groceries
- Walk a neighbor's dog
- Plant a tree
- Do a favor without asking for anything in return
- Buy an ice cream cone for someone
- Learn to say hello in a different language to different people
- Prepare a meal for your family
- Pay for a stranger's library fees
- Offer compliments to strangers and friends and family
- Buy your waiter/waitress dessert
- Buy groceries for the person behind you
- Reconnect with old friends
- Hide money in random places for strangers to find
- Send a letter to a good friend instead of a text
- Help a child or older person cross the street
- Water a neighbor's lawn/flowers